

## Hope Cancer Resources

### 2020 *Support for the Journey* Overview

*And, how your partnership makes a difference for families in our Northwest Arkansas communities living their personal cancer journey.*

Provided cancer support services for  
**3,972** Patients and Caregivers

Transportation  
to Treatment  
Provided to

**339**

Patients

269,875 Miles

Tobacco  
Cessation  
Navigation for

**290**

Patients &  
Caregivers

Spanish  
Interpretation  
for

**84**

Patients

Financial  
Assistance

**1,014**

Patients

Rent, Mortgage, Travel,  
Gas Cards, Car  
Payments, Dental Care,  
Prescriptions, Utilities

**\$422,654**

**1,009 Sessions  
of Counseling  
Provided for**

**197**

**Patients &  
Caregivers**

**2020 brought many challenges to everyone. For a patient in treatment, COVID-19 was an additional challenge.**

**Our services continued every day, because patients needed us.**

**We made changes in protocols to increase our safety measures that were already in place to better serve patients and their family members.**

**Outreach increased significantly through digital platforms. Meditations, Yoga, Tobacco Cessation, Exercise Classes and even Counseling was provided when needed.**

Hope Cancer Resources employs a highly-professional staff which includes oncology social workers licensed with the State of Arkansas and certified by the Arkansas Social Work Licensing Board, a certified medical Spanish interpreter, two certified tobacco treatment specialists, one who is also a certified personal trainer and certified exercise specialist. Our patient transportation program provides access to care for patients' cancer treatment as needed. We also provide education to help a patient during and after their treatment. Financial assistance is provided for prescription medications, nutritional supplements, dental care, gas cards, as well as everyday living expenses to alleviate some of the financial stress a patient and their family may face.

Believing emotional support is essential for healthy survivorship, we offer counseling services ranging from a kind word or listening ear to one-on-one, couples or family counseling sessions with a licensed mental health professional. Hope Cancer Resources also provides emotional support in group settings.

Our Wellness Center for Hope was established to help enhance the quality of life in survivors and caregivers by restoring physical activity, optimizing nutrition and developing healthy behaviors and lifestyles.

In addition, Hope Cancer Resources empowers the community by providing cancer education for public schools, churches, businesses and civic organizations in our region. Education includes sun and UV safety, tobacco prevention and cessation, and healthy lifestyle behaviors to lower cancer risk.

#### **OUR MISSION**

We provide compassionate, professional cancer support and education in the Northwest Arkansas region today and tomorrow.

#### **OUR VISION**

To provide hope and enhance quality of life by expanding prevention, wellness and comprehensive cancer support services in our region.

#### **OUR VALUES**

Compassion | Professionalism | Integrity  
Stewardship | Relationships

*Support for the Journey. Education for Life.*

