## Hope Cancer Resources 2023 Overview

### **OUR MISSION**

We provide compassionate, professional cancer support and education in the Northwest Arkansas region today and tomorrow.

#### **OUR VISION**

Provide hope and enhance quality of life by expanding prevention, wellness and comprehensive cancer support services in our region.

# 5,162

Cancer Patients and Caregivers were provided support services

### Transportation to Treatment Provided to

384

Patients 312,112 Miles Tobacco Cessation Navigation for

346 Patients & Caregivers \$20,066 Spanish Interpretation for

> 108 Patients

### \*Interpretation Services were discontinued on 11.1.2023.

Financial Assistance 1,602 Patients Rent, Mortgage, Travel, Gas Cards, Car Payments, Dental Care, Prescriptions, and Utilities

\$725,970

## 518 Sessions of Counseling Provided for

**137** Patients & Caregivers

Consultation, Personal Training, and Yoga provided to

170 Patients & Caregivers

Free Skin Cancer Clinic Provided for 106 In Our Community Hope Cancer Resources employs a highly-professional staff which includes oncology social workers licensed with the State of Arkansas and certified by the Arkansas Social Work Licensing Board, and two certified tobacco treatment specialists, one who is also a certified personal trainer and cancer exercise specialist.

The breadth of services offered includes treatment navigation; counseling; transportation to help ensure patients have access to cancer treatment as needed; financial assistance for prescription medications, nutritional supplements, dental care, gas cards, and everyday living expenses to help alleviate the various challenges that cancer patients and their families may encounter.

In 2023, our social workers assessed 3,994 newly diagnosed patients and provided individualized resources to meet their needs. Yoga, tobacco cessation, and exercise classes were provided in person and through a digital platform.

Believing emotional support is essential for healthy survivorship, we offer counseling services ranging from a kind word or listening ear to one-on-one, couples, or family counseling, and support groups acknowledging the importance of mental health in the cancer journey.

Our Wellness Center for Hope was established to help enhance the quality of life in survivors and caregivers by restoring physical activity, optimizing nutrition, and developing healthy behaviors and lifestyles.

In addition, Hope Cancer Resources empowers the community by providing cancer education for public schools, churches, businesses, and civic organizations in our region. Education includes sun and UV safety, tobacco prevention and cessation, and healthy lifestyle behaviors to reduce cancer risk. In 2023, prevention education was provided to 10,072 in our community.

> Support for the Journey. Education for Life. f © in D Hope Cancer Resources